

# INTRODUCTION

- ★ As an owner of the Frankly Putter and Putting Guide you have now committed to improve your putting.
- ★ This represents the purest application of solid science designed by Frank Thomas, former USGA Technical Director, and his team of researchers at Frankly Golf.
- ★ Start off with Mechanics (steps 1-4) and work through the fundamental mechanics of the stroke.
- ★ Then move onto Mindset (steps 5-9) to help you focus and build confidence.

Frankly Golf would like to acknowledge the support of:

ERIC ALPENFELS (Pinehurst Company Golf Institute, USA)  
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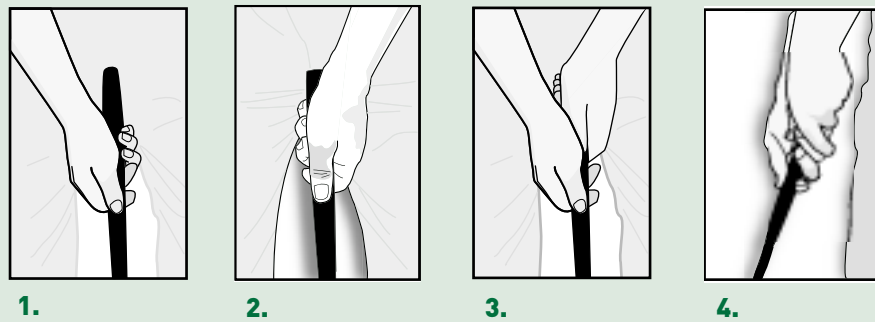
DR. PAUL SCHEMPP (University of Georgia, USA)  
DR. PAT THOMAS (Griffith University, Australia)  
DR. ROBERT WINTERS (Mindpower Sports, USA)

For additional help and practice hints log on to [www.franklygolf.com](http://www.franklygolf.com) as a Frankly Putter Owner and register. Also consult your golf professional.

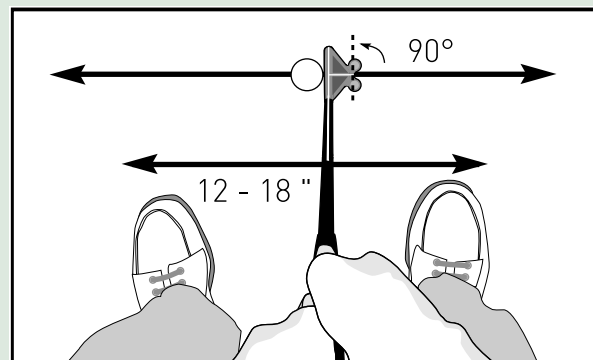
# MECHANICS

## 1. HOLD AND CONNECT TO THE CLUB

Place either your left or right hand on the club first (1 or 2)...then take your grip with the other hand (3). From the side it should look like this (4; note left index finger overlap). Whatever is comfortable for you is good for us!



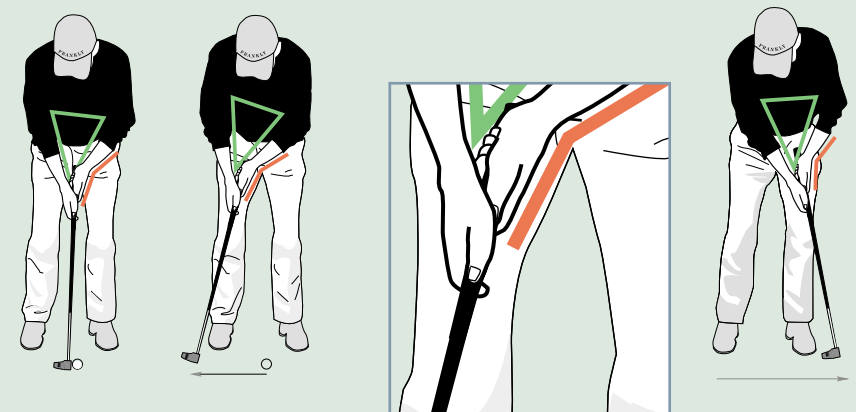
## 2. SETUP ALIGNS & ENSURES A GOOD STROKE



Ball is centrally located in stance and directly below your eyes. Feet 12-18 inches apart. If your putter has the "Alignment Guidance System", develop a right angle (90 degrees) between the white line on the putter shaft and the line of the putt. This helps ensure that you are correctly aligned to the hole. With practice, this will become automatic.

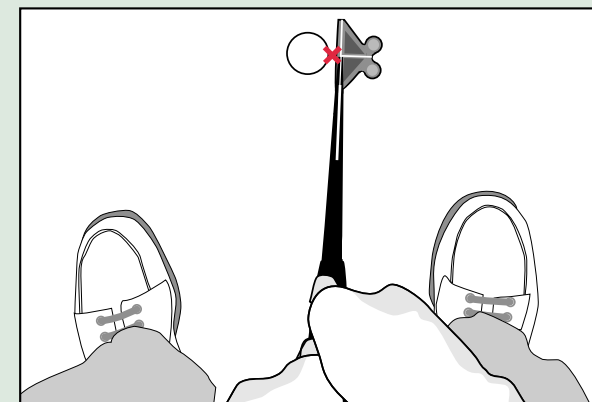
## 3. LOCK & ROCK MAKE A POSITIVE, SOLID STROKE

The left wrist must be kept absolutely "locked" throughout the stroke. You must retain the angle, shown here in red. If you forward press, that's OK, just keep the angle you create locked. Imagine your



shoulders, arms, wrists and putter are all one single unit throughout the stroke. Their connection is illustrated by the "magic triangle" in green. Simply rock your shoulders to make the putt.

## 4. LOCK EYES TO ENSURE POSITIVE CONTACT



To ensure acceleration through impact, fix your eyes on a spot immediately behind the ball before, during and AFTER your stroke. Listen for the ball falling in the hole.



>> OVER

# MINDSET

## 5. SCOUTING IDENTIFY LINE & PACE OF PUTT

Observe undulations (slopes) of green to determine break and pace.



NOTE: Never step on the line of your playing partners' putt. Please be mindful of slow play.

### HINTS

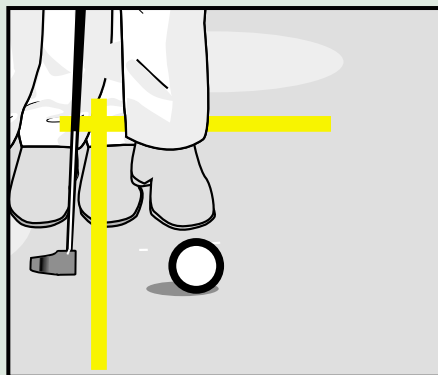
- View putt from all sides
- Walk around the outside of the line of the putt and "feel" the slopes through your feet

## 6. PREPARATION GET SET FOR SUCCESS



Depending on what feels most comfortable, you can either stand behind the ball, or to the side of it, as illustrated below, to get a feel for the distance. Take your practice strokes in either position, looking at the hole. Imagine seeing the ball rolling toward the hole and falling in. Feel your stroke as you visualize this.

## 7. COMMIT A POSITIVE STEP



Commit to the decisions you have made in 5 and 6 above.

Take a positive step over an imaginary line into position and address the ball.

## 8. STRIKE "GO!"



Now you are in an automatic **GO MODE**: positive and confident. Line up the putt, fix your eyes on the spot behind the ball and strike the putt.

If at any time after you have crossed the line you are in doubt about line or pace, **STEP BACK** and reset to step 5 or 6.

## 9. OUTCOMES

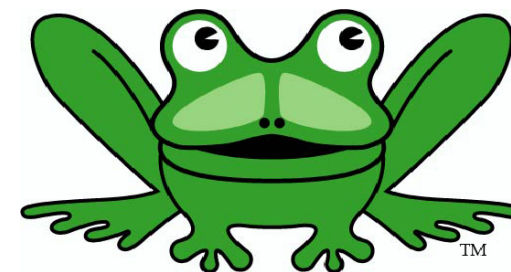
If you hole the putt, then congratulate yourself on a job well done. If you miss the putt, and your stroke was performed as intended, remind yourself that you did everything you could to hole it. You selected the line, the pace and hit a positive putt. Stay positive, keep the routine going and you will find that you do sink more putts.

Perfection of your putting requires practicing the **MECHANICS** and **MINDSET**.



FRANKLY

CARE INSTRUCTIONS FOR BEST PERFORMANCE



**PUTTING GUIDE >>**  
**MECHANICS >> MINDSET >>**